



your healthcare home

Accredited by



ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

Welcome to the NATIVE HEALTH Patient Centered Medical and Dental Home

- Federally Qualified Health Centers
 - All are welcome
 - Accredited

- **Mission:** NATIVE HEALTH provides holistic, patient centered, culturally sensitive health and wellness services
- **Vision:** Healthy People in Healthy Communities

NATIVE HEALTH Growth



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NATIVE HEALTH

4041 North Central Avenue, Building C – Phoenix

Hours: Monday -Friday, 7 a.m. to 6 p.m.



NHW COMMUNITY HEALTH CENTER

2423 West Dunlap Avenue, Suite 140 – Phoenix

Hours: Monday -Friday, 8 a.m. to 7 p.m.



NATIVE HEALTH

Information and Referral Center

- Located at MetroCenter Mall (lower level, next to children's play area)
- AHCCCS/SNAP/TANF/ACA/KidsCare enrollment assistance during most mall hours



NATIVE HEALTH WIC at 16th Street (PIMC)



NATIVE HEALTH

URBAN INDIAN ORGANIZATION PROFILE: NATIVE HEALTH is located in Phoenix, AZ. Services provided include the following: primary medical, dental, behavioral health, WIC (three sites), and community health and wellness (health promotion and disease prevention). The program has contracts, grants, and program revenue for over \$12.2 million dollars. NATIVE HEALTH's two clinic sites are all AAAHC accredited and accepted as a provider for most private insurance and State of Arizona Medicaid (AHCCCS) plans.



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- *East Valley expansion site located near Fiesta Mall. The site will offer primary care and behavioral health services.**
- *NATIVE HEALTH is obtaining a new EHR. Certain requirements of health plans, the Arizona health information exchange, and maintaining meaningful use have precipitated this decision.**

NATIVE HEALTH Service Divisions

- Administration
- Finance
- Medical/Dental
- Behavioral Health
- Community Health and Wellness



Medical/Dental Division



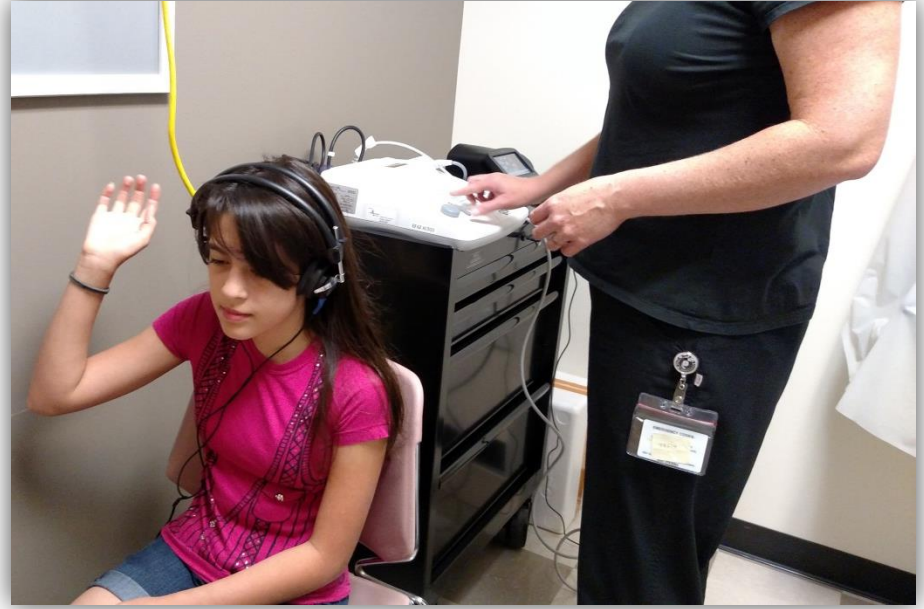
Primary Medical Care

- Well men, women, child exams
- Prenatal care
- Pediatric care
- Immunizations and flu shots
- Chronic care management



Pediatric Hearing and Vision Services

- Expanded pediatric hearing and vision services through EAR Foundation



Podiatry Services

provided by Midwestern University



Dental Services

- Both locations - 10 dental chairs
- Appointments and same day emergency
- Preventive and restorative care
- Free transportation



Dental Services



- Sliding fee scale
- AHCCCS accepted
- Contract to serve Pascua Yaqui Tribal Members

Additional Dental Services

- Fluoride varnish provided at community outreach events. Funded by Delta Dental Foundation of Arizona and Arizona Department of Health Services.



Transportation

- Free Transportation within 15 mile radius for medical and dental patients



Integrated Behavioral Health

- Behavioral Health Consultants (BHCs) use their behavioral health clinical skills with their patients.
- Services provided in exam rooms
- The BHC's focus on the obstacles patients face by providing brief interventions with a focus on improved physical health.

Outreach for Coverage Enrollment

- AHCCCS (Medicaid)
- SNAP (food stamps)
- Emergency Cash Assistance (TANF)
- Sliding Fee Scale
- KidsCare
- Health Insurance Marketplace



Behavioral Health Division



Behavioral Health Services

- Contract Provider for Regional Behavioral Health Authority: Mercy Maricopa Integrated Care.
- Mental Health services
 - Individual, family/child counseling
- Recovery Services
 - Adult Intensive Out-patient Program (IOP), Standard Outpatient Program (StOP), and Continuing Care.
- Youth Substance Abuse

Behavioral Health (continued)

- Domestic Violence (DV) Offender Treatment Program: Male & Female groups.
- Women's DV treatment & case management services
- Adult and Teen Anger Management Groups
- Native STAND (Youth Program)
- Positive Indian Parenting
- Anxiety Group
- Treatment services to San Lucy Community

Community Health and Wellness Division



Women, Infant, Children (WIC)

- **Four locations**
 - NATIVE HEALTH (Central)
 - NHW Community Health Center
 - WIC at 16th Street /Phoenix Indian Medical Center
 - Guadalupe – Pascua Yaqui Tribal Building
- **3,400 patients/month**
- **no waiting list**



Health Start

- New Mother's Program
- Arizona Department of Health Services
- For pregnant families or families with children up to age two
- Qualification based on social need
- Free classes such as Safe Sleep, Childbirth Classes, and more....
- Free cribs and car seats with class participation



Home Visiting Program

- For Native American families
- Residing off reservation in Maricopa County
- Pregnant through age five
- Parents as Teachers Model
- Parenting Support
- Monthly Group Connections



Diabetes Program

- Education, group and one-to-one
- Diabetes 101 Classes

NATIVE HEALTH

diabetes 101

Tuesdays, 1 p.m - 3 p.m. at NATIVE HEALTH
4041 North Central Avenue, Building C - Phoenix

Diabetes is a chronic disease that requires self-management skills and coping strategies in order to prevent long-term complications. Diabetes 101 is a free, seven week program that will focus on:

- proper food nutrition
- high/low blood sugar
- sugar testing
- tips for grocery shopping
- portion control
- know your numbers and A1C

Diabetes 101 is free to anyone who is diagnosed with pre-diabetes, diabetes, or is a caretaker for someone with diabetes.

Gift cards and additional incentives will be given for attendance

To reserve a spot or for more information call (602) 279-5262 ext. 3457
or email: achee@nachci.com

Living Well Traditionally Native American Youth Diabetes Prevention Youth Camp



Camp held at Camp Colley



WELLNESS WARRIORS

- Native American children (ages 7 to 12 years old) and their families, who are interested in learning about healthy living.
- Funded by Arizona Attorney General Office.
- Quarterly Activities (Bike Rodeo, Dinners, Walks)





**WELLNESS
WARRIORS**
BIKE RODEO



Community Garden

- 28 Garden beds
- City of Phoenix – PHX Renews and Keep Phoenix Beautiful
- Central Avenue & Indian School Road
- Monthly educational activities





- Half-acre
- Traditional plants, such as Hopi Bean, Gila River Tepary Beans, Sonoran Wheat, and other indigenous, drought tolerant plants



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- First Traditional Garden Harvest
- Cooking Demonstration by Native American chef



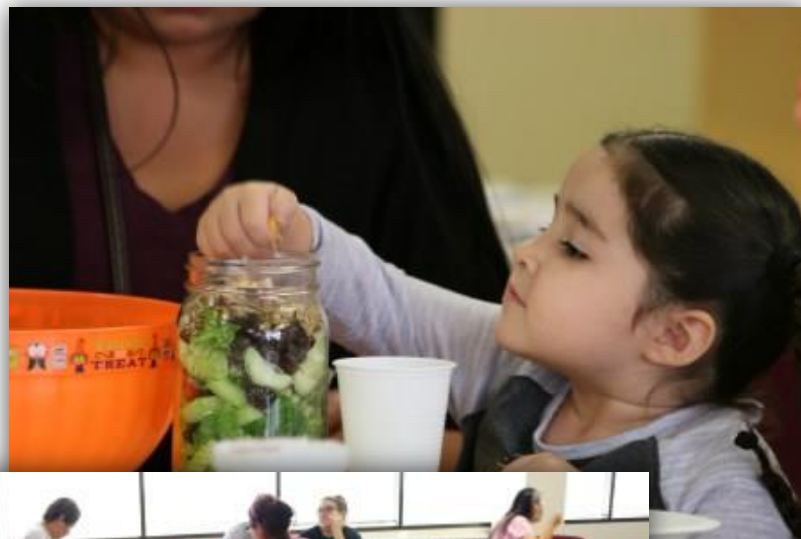
Read It and Eat

- Over 200 families attended in 2016
- Phoenix Public Library
- Learn how to prepare healthy food on a budget
- Produce bag distributed at each class



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Read it and Eat



HIV and Hepatitis C Program

- Education, Testing and Counseling
- Integration into Medical Clinics



NATIVE HEALTH

inHarmony

HIV/HCV Circle of Care

no cost HIV testing

fast • easy • confidential

available to everyone

Arizona Long Term Care System (ALTCS) Case Management

Case management for
eligible participants of
long term care services for
13 Arizona Tribes



Fluoride Varnish Program

- Fluoride varnish applied to teeth in children 0-17
- Reduces incidence of cavities if applied 4 x year
- Free
- Funding provided by Delta Dental and Arizona Department of Health Services
- Available at community events



Expanding Service Opportunities through Community Collaborations



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Free Community Classes

- Self Esteem Classes
- Bullying, Gang Awareness
- Teen Pregnancy Prevention
- Child Support/Paternity
- Internet Safety
- Suicide Prevention



Free Community Classes

- Safe Sleep/Home Safety
- Infant Massage
- Infant/Toddler Brain Development
- Childbirth & Car Seat Classes
- Read It and Eat Literacy and Nutrition Classes



Early Childhood Literacy Classes and Programs

- Brain Time
- Kindergarten Bootcamp
- Preschool Prep
- Kindergarten Readiness Kits
- Raising a Reader
- Reach Out and Read
- Read It and Eat
- Provided by: Phoenix Public Library and Southwest Human Development

firstfriday
early literacy, music and movement program
— first Friday of every month

Raising A Reader
Building Literacy in Our Communities



**KINDERGARTEN
BOOTCAMP**

Read It and Eat
early literacy and cooking classes

Affordable Care Act (ACA)

- Presentations available
- Expertise in Native American exceptions
- Enrollment Assistance by Certified Application Counselors (CAC)

What's AHCCCS? What's the ACA? How much does it cost?

What's a deductible? How much am I covered?

Can my kids get insurance? Why do I need health insurance if I have IHS?

Urban Day of Action

Do you know your healthcare options?

Tuesday, December 8, 2015 3 p.m.–7 p.m.
NATIVE HEALTH
4041 North Central Avenue, Building C - Phoenix

- Learn about the options you can have with healthcare
- Enrollment specialists will be there to help you
- Stop by anytime
- Refreshments

For more information please call (602) 279-5262, ext. 3440
or email: Elee@nachci.com

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Immunizations and Flu Shots

- Immunization partnerships with local school districts
- Flu shot clinics (adults and children) in clinics and outreach events



DEPARTMENT OF ECONOMIC SECURITY

Your Partner For A Stronger Arizona

at NATIVE HEALTH

- Division of Child Support Services
Tuesdays
- Division of Benefits and Medical Eligibility
Wednesdays, and Thursdays
- Central Ave. clinic
- 8 a.m.- 5 p.m.

DES Division of Benefits & Medical Eligibility now available at NATIVE HEALTH

Wednesdays and Thursdays
8:00 a.m. - 5:00 p.m.
NATIVE HEALTH
4041 North Central Avenue, Building C - Phoenix

DES services now available for those seeking to apply for cash assistance (**TANF or Temporary Assistance for Needy Families**), Supplemental Nutrition Assistance (**SNAP**) and medical eligibility for the Arizona Health Care Cost Containment System (**AHCCCS**).

For more information, please call
(602) 279-5262 ext. 3440
or email: Elee@nachci.com

This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. This institution is an equal opportunity provider.



Arizona Department of Economic Security Department of Child Support Services (DCSS)

now available at NATIVE HEALTH

Tuesdays, 8 a.m. - 5 p.m.
NATIVE HEALTH
4041 North Central Avenue
Building C - Phoenix

Get up-to-date information and assistance on your child support case and learn more about Division of Child Support Services. You can receive on-site help with:

- **Applying for child support services**
 - **Establishing paternity**
 - **Modification of a current support order**
 - **Discuss your arrears**
- **Help with an out of state child support case**
- **Notary Services provided**

For more information call
(602) 279-5262 ext. 3440
or email: Elee@nachci.com



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Community Legal Services

- Medical Legal Partnership
- Free for patients that meet income guidelines

“Equal Justice For All”

COMMUNITY
LEGAL SERVICES, INC.





Welcome to  Japan

пожаловать Selamat datang

어서오세요 Willkommen

ยินดีต้อนรับ Chào mừng

ସ୍ୱାଗତ Welkom स्वागत

WHERE IN THE WORLD IS



Wellbearto

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Addressing Food Insecurity



- Summer Food Service Program
- Year-round nutrition pilot program through St. Mary's Food Bank and USDA - daily meals for children 18 and under

New “BackPack” Program



NATIVE HEALTH  **St. Mary's Food Bank ALLIANCE** 

BackPack Referral Form

Date: _____

Child's name: _____

Age: _____ Sex: Female Male

Ethnicity:

Caucasian Native American Multi-Racial
 African American Pacific Islander
 Hispanic Asian

The BackPack program is only for children and their families that you identify as chronically hungry. A child experiencing chronic hunger consistently has no food at home and may display negative behavior changes and/or a decrease in physical or cognitive development. The Back Packs provide food for the child and his/her family who may not otherwise have food over the weekend.

of children in home: _____ # of adults in home: _____

Within the past 12 months did the family worry about running out of food before they got money to buy more? yes no

Within the past 12 months did the family buy food that didn't last and didn't have money to buy more? yes no

Recurring Emergency

Provider Name: _____

Department: _____

Provider Signature: _____

- Pilot Program through St. Mary's Food Bank
- Addresses food insecurity in NH patients/clients
- One “BackPack” per family every seven days
- Feeds four people for three meals
- Nonperishables
- Must have a child under age 18 to qualify

NATIVE HEALTH Newsletter

- Text NATIVEHEALTH (one word) to 22828 to receive monthly newsletter
- Website sign up
- Monthly distribution 36,000+
- News and events welcome



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NATIVE HEALTH Newsletter
Upcoming Events

NATIVE HEALTH

In This Issue

- Contact Information
- January NATIVE HEALTH Photos
- NATIVE HEALTH Final Affordable Care Act Information and Enrollment Session
- NATIVE HEALTH Childbirth Class
- Prenatal and Pediatric Meet and Greet
- Community Legal Services - Medical Legal Partnership
- NATIVE HEALTH's Community Garden
- Raise A Reader at NATIVE HEALTH
- Who Am I? Intercultural Competency Workshop
- NATIVE HEALTH's Walk for the Land and the People
- Darkness to Light Program
- Peer Led Native American Cancer Support Group
- Thundercloud Glasses Now Available
- Native Talk Arizona
- Request for Proposals (RFP)
- Upcoming Community Events
- NHW Community Health Center
- NHW Community Health Center's Women's Services
- NHW Community Health Center Expands WIC Clinic

Volume 9, Issue 2 **February 2015**

Dear Javier,

The new year is a time to reflect on events and accomplishments of the year gone by. How have we changed things for the better? At NATIVE HEALTH we continuously seek to improve services and business practices to benefit the communities we serve. We strive to develop additional programs and enhance existing services.

The deadline to enroll into the Health Insurance Marketplace is February 15! Please be sure to understand what that means for your family regarding health care coverage and filing income taxes. Native Americans also should understand the penalty exemption as well. I encourage everyone to talk with a Navigator or Certified Application Counselor. NATIVE HEALTH has Certified Application Counselors at each clinic location and MetroCenter.

NATIVE HEALTH Childbirth Class

Join NATIVE HEALTH for **FINAL** Affordable Care Act Information & Enrollment Saturday, February 7, 2015 10 a.m. to 1 p.m.

Community events

Childbirth classes

presented by **Lakisa Muhammad**
A Mother's Worth Birth Services

Wednesday, February 11 and Thursday, February 12, 2015

exposure or a baby's teeth to liquids, such as fruit juice, milk or formula, which all contain sugar. Tooth decay can occur when a baby is put to bed with a bottle. Infants should finish their naptime or bedtime bottle before going to bed. Because decay can destroy the teeth of an infant or young child, you should encourage your children to drink from a cup by their first birthdays.

Many training cups, also called sippy or tippy cups, are available in stores. Many are no spill cups, which are essentially baby bottles in disguise. No spill cups include a valve beneath the spout to stop spills. However, cups with valves do not allow your child to sip. Instead the child gets liquid by sucking on the cup, much like a baby bottle. This practice defeats the purpose of using a training cup, as it prevents the child from learning to sip. Don't let your child carry the training cup around. Toddlers are often unsteady on their feet. They take an unnecessary risk if they try to walk and drink at the same time. Falling while drinking from a cup has the potential to injure the mouth. A training cup should be

Radio Show

- Native Talk Radio is aired weekly on www.radiophoenix.org
The show is currently syndicated and aired in multiple locations.



Medicaid/SNAP/TANF/KidsCare/ACA Enrollment Assistance

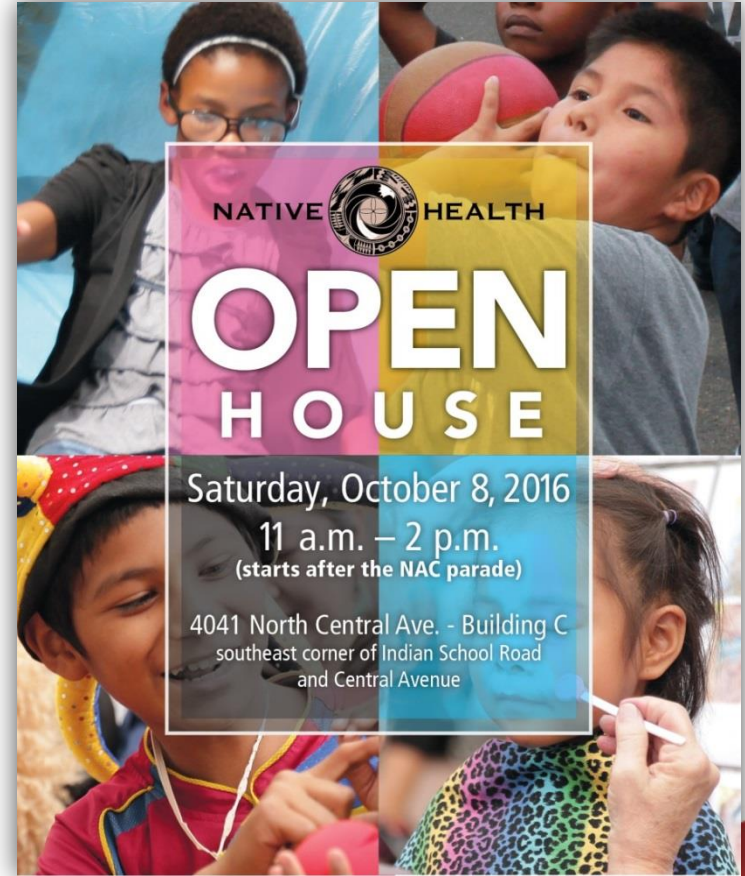
- Outreach and enrollment services at community locations and schools
- Available at community events



Annual Children's Pageant and Open House

NATIVE HEALTH 6TH ANNUAL NATIVE AMERICAN CHILDREN'S PAGEANT

a Native American Recognition Days event



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NATIVE HEALTH

prayer walk

walk for the land
and the people



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- Six week curriculum
- Basic cooking skills
- Produce bag distributed at end of each class



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Partnerships

- City of Phoenix
- Catholic Charities
- Arizona Department of Health Services
- Maricopa County Department of Public Health
- Washington Elementary School District
- Phoenix Union High School District
- Grand Canyon University
- American Indian College
- Maricopa Community Colleges
- AT Still University
- Chamberlain College
- Midwestern University
- Phoenix College
- UA Medical School
- Southwest Human Development
- Head Start
- Everest College
- Osborn School District
- Delta Dental of Arizona Foundation



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NATIVE HEALTH

4041 North Central Avenue, Building C – Phoenix **(602) 279-5262**

NHW Community Health Center

2423 West Dunlap, Suite 140 – Phoenix **(602) 279-5351**

NATIVE HEALTH Information & Referral Center

MetroCenter Mall - lower level, next to children's play area
9617 North Metro Parkway W, Suite 1060 – Phoenix **(602) 618-6092**

NATIVE HEALTH WIC

NATIVE HEALTH (Central Ave.) NHW Community Health Center (Dunlap Ave.)

4212 North 16th Street (PIMC) – Phoenix **(602) 319-1588**

9405 South Avenida del Yaqui – Guadalupe **(602) 316-4928**

nativehealthphoenix.org